

* * KID * * * OLYMPIANS



TRUE TALES OF CHILDHOOD FROM CHAMPIONS AND GAME CHANGERS CURRICULUM GUIDE

STORIES BY ROBIN STEVENSON ILLUSTRATIONS BY ALLISON STEINFELD

★ Common Core Connections ★

Kid Olympians: Summer: True Tales of Childhood from Champions and Game Changers contains kid-friendly and relatable childhood stories of sixteen of the world's most inspiring Olympians and Paralympians. This curriculum guide includes a broad range of language arts activities, book discussion, vocabulary instruction, and more to accommodate the learning needs of most students in grades 4 through 7. Students are asked to be careful readers without jeopardizing the fun of reading. Throughout the guide, correlations between the discussion questions and activities and specific Common Core Language Arts Standards are noted. For more information on specific standards, visit the Common Core website at www.corestandards.org.

★ PRESEASON (A.K.A. PRE-READING) ACTIVITIES ★

- ★ Previewing the text helps students understand the informational purpose of the book. Key characteristics of the text include the title, table of contents, use of illustrations, chapter headings, bibliography, and index. Ask students to compare and contrast the format of Kid Olympians: Summer with a narrative book.
- ★ Have students choose an athlete featured in Kid Olympians: Summer. Then ask them to use the internet to find five facts about their Olympian or Paralympian that they find interesting. Invite students to present their findings to the class. To extend this activity to a post-reading activity, have students go back to see how many of their fun facts were mentioned in the book.
- ★ Write the name of each Olympian and Paralympian featured in Kid Olympians: Summer on the board. Read each name aloud and ask your students which athletes they have heard about and what sports they played. For any athletes no one has heard of, ask students to guess which sport the athlete is known for. Then, go through the book to see how many they got correct.
- Ask your class the following questions. Have students brainstorm, and then call on individual students to write their answers on the board.
 - What is your favorite sport to watch during the Summer Olympics?
 - ★ How much training do you think it takes to become an Olympic-level athlete?
 - ★ If you could be an Olympian, what sport would you want to play?
 - What makes an Olympic athlete a good role model?
 - ★ If you were in the next Summer Olympics, who would you invite to cheer you on from the stands?

- ★ Do you have any memories of watching the Summer Olympics?
- List five words that you associate with the word athlete.
- ★ List as many Summer Olympic sports you can think of.
- How do you think someone becomes an Olympian?
- What qualities do champions have?
- Compare and contrast two sports that are played in the Summer Olympics.
- ★ Look at the table of contents in Kid Olympians: Summer. Which of the featured athletes do you think had the most interesting childhood? Why?
- What do you think makes an athlete worth learning about?
- ★ Which athlete featured in *Kid Olympians: Summer* are you most interested in learning about? Why?
- ★ Ask students to write a paragraph on why they think it's important to learn about Olympians' and Paralympians' backgrounds and childhoods.

PRE-READING COMMON CORE CONNECTIONS

The Pre-Reading Activities address the following Common Core State Standards:

Writing

Text Types and Purposes

Grade 4 – W.4.1-3e

Grade 5 - W.5-1-3e

Grade 6 - W.6.1-3.e

Grade 7 - W.7.1-1c, 2-2d, 3-3e

Research to Build and Present Knowledge

Grade 4 - W.4.7-9b

Grade 5 - W.5.7-9b

Grade 6 - W.6.7-9

Grade 7 - W.7.7-9a

Speaking and Listening Comprehension and Collaboration

Grade 4 - SL.4.1-2

Grade 5 - SL.5.1-1d

Grade 6 - SL.6.1-2

Grade 7 - SL.7.1

Speaking and Listening

Presentation of Knowledge and Ideas

Grade 4 – SL.4.4-6

Grade 5 - SL.5.4-5

Grade 6 - SL.6.4-5

★ GRAND SLAM DISCUSSION QUESTIONS ★

After reading *Kid Olympians: Summer*, have your students answer the following discussion questions by themselves, in pairs, in small groups, or as a class.

- What obstacles did Jesse Owens face after he became an Olympian?
- ★ How did Wilma Rudolph's childhood illnesses affect her development into a groundbreaking athlete?
- How did Usain Bolt's lack of motivation hurt his aspirations? How and why did he overcome it?
- What does Tatyana McFadden's motto Ya sama mean? How does it relate to her life?
- ★ How did Dick Fosbury change the sport of high jumping? How did he become a better athlete by not caring what others thought of him?
- ★ What role did the Romanian government play in Nadia Comăneci's Olympic pursuits? How did it affect her life after the Olympics?
- How did Serena Williams's relationship with her sister make her a better athlete?
- ★ How did dressing differently than other kids lead Ibtihaj Muhammad on her path to the Olympics?
- What problem did Gertrude Ederle encounter when she tried to swim the English Channel? How did she fix it?
- ★ What sacrifices did Michael Phelps have to make for swimming?
- How did Ellie Simmonds not let her small stature stop her from doing big things?
- ★ In what ways does being a refugee make Yusra Mardini a unique Olympic role model?

- ★ What was the Olympic Project for Human Rights? How did Tommie Smith use his platform as an Olympic athlete to support it and to stand up for Black Americans?
- ★ How did Megan Rapinoe use her voice to help others?
- ★ In what ways did Simone Biles's decision to withdraw from the Tokyo Olympics make her a bigger role model than she already was?
- How did Naomi Osaka bring awareness to systemic racism and police brutality?
- ★ Pick two athletes from Kid Olympians: Summer. Compare and contrast their childhoods and explain how each one's upbringing contributed to their athletic successes.
- ★ What do the people in each part of the book—Part One: Racing Ahead, Part Two: Making History, Part Three: Swimming into Summer, and Part Four: Speaking Out—have in common? Why do you think the author organized the book this way?
- ★ List all sixteen athletes featured in *Kid Olympians: Summer.*Then, write down the two best adjectives to describe each one next to their name.
- ★ Which athlete featured in Kid Olympians: Summer do you think had the most interesting childhood? Why? Who do you think had the most obstacles to overcome?
- Using examples from the book, explain how you relate to one of the athletes featured in Kid Olympians: Summer.

DISCUSSION QUESTIONS COMMON CORE CONNECTIONS

The Discussion Questions address the following Common Core State Standards for:

Reading Informational Text: Key Ideas and Details

Grade 4 - RI.4.1-3

Grade 5 – RI.5.1-3

Grade 6 - RI.6.1-3

Grade 7 - RI.7.1-3

Craft and Structure

Grade 4 - RI.4.4-6

Grade 5 - RI.5.4-6

Grade 6 - RI.6.4-6 Grade 7 - RI.7.6 Integration of Knowledge and Ideas

Grade 4 - RI.4.7, 9

Grade 5 - RI.5.9

Grade 6 - RI.6.9

Grade 7 - RI.7.9

Range of Reading Level of Text Complexity

Grade 4 - RI.4.10

Grade 5 - RI.5.

Grade 7 - SL.7.4-5



Review this list of vocabulary words and phrases found throughout *Kid Olympians: Summer.* First ask students if they can guess the words' meaning by rereading each word in the context of the book. Then have them use dictionaries to check their answers and define the words. Extend the lesson by having them use each word in a sentence of their own. Since there are so many vocabulary words, you may choose to review these words over a few class periods, as well as assigning some for homework. You can also use them for your weekly vocabulary list, daily word study, or spelling exercises.

INTRODUCTION	enforced	overtaking	WILMA RUDOLPH	treated
Paralympics	segregation	admired	recover	required
grace	separate	racetrack	unable	athletic
swiftly	access	effortlessly	maid	proved
ultimate	afford	galloped	porter	capable
international	operated	impressed	support	extremely
competitions	poverty	injured	make ends meet	talented
occasion	possum	accident	premature	record
constantly	devout	transferred	infection	slang
exhausting	deacon	dorms	measles	mosquito
outlet	shabby	campus	mumps	natural
endless	doubled	improve	chicken pox	acquired
siblings	barely	compete	whooping cough	spirit
copied	orchards	managed	pneumonia	relay
overcome	involved	unbelievable	scarlet fever	baton
circumstances	courage	decade	prevented	bronze metal
polio	migration	referred to	vaccination	remarkable
racist	fled	Nazi party	common	qualified
attitudes	freedom	inferior	survived	unbroken
wheelchair	economic	minorities	diagnosed	incredibly
orphanage	opportunities	boycott	creation	swelled
encouraged	possessions	investigate	loomed	bruised
stockings	integrated	wrongly	threat	record-breaking
tantrum	assumed	concluded	terrifying	microphones
mocked	extraordinary	breathtaking	epidemic	pounding
unconventional	potential	undermine	risk	hailed
particularly	greenhouse	discovered	survivors	media
commitment	depended	freight elevator	paralyzed	suddenly
desire	earned	native country	local	integrated
excuse	sprinting	achievements	provide	municipal
arcade	field	status	realized	announced
determination	instructions	frustrated	crooked	retirement
odds	training	endorsement	inward	accomplishment
shattered	mentor	speaking	recalled	welled up
JESSE OWENS	attention	engagements	eventually	representative
headlines	organized	amateur	exercises	previous
mistake	stopwatch	various	massage	international
sharecroppers	sprinter	dry cleaning	brace	visible
land owners	proper	symbolized	relearning	civil rights
necessities	gear	tyranny	treatments	protest
racism	accurate	racial	condition	public facilities
discrimination	distance	bigotry	recovery	bachelor's degree
G.JOHIIIII GUOH	quarter mile		restricting	voted

VARSITY VOCABULARY CONTINUED *

figure inspired generations thrill legacy

USAIN BOLT

skip
unstoppable
hyperactive
outgrow
community
mangoes
guava
rumbled
wicket
strict
insisted
polite
confident
nickname

incorrectly competitive streak determined

pronouncing

solve
advantage
squad
shrugged
bribed
outrun
scorching
gasoline
reputation
former
scholarship

expensive

disappointed
upright
starting block
stamina
technique
sloppy
flapped
admitted
iovstick

motivated repeat laziness

encountered repeatedly vowing seriously footage unusual

unusual
posture
fascinated
rival
victory
represent
homesick
fizzy
several
nervous
despite
competitors

full-time

scoliosis

curvature

criticized

persuaded

spine

TATYANA MCFADDEN

condition
spina bifida
surgery
miracle
awareness
disability
government
disabled people
dozen
porridge
cabbage
scooted

cabbage
scooted
stubborn
director
confused
commissioner
unexpected
connection
adopt
iron
unfamiliar

taxi

experiences

scented introduced exclaimed relatives stiff

physical activity
enrolled
archery
doubt
fearlessly
gestures
professional
alongside
goals
obstacles
posed
devastated
sue

opportunity amputee prosthetic legal battle equity ensure impact activism competition marathon

feat
podium
world-class
advocate
coproduced
documentary
globally

venues perceptions

cleared salesman

DICK FOSBURY

bookkeeper laid-back lighthearted goofy radiator focus high jump

sawdust

square dancing

pit

coast drunk driver blamed grief

divorced
distraction
demonstrated
straddle
performed
gazelle
method
standards
gangly

gawky
skilled
desperate
dismissed
persistent
blunt
spectators
failing
audience

embarrassment concentrating outdated backward

invent

conscious decision

overheard
mystified
edge
disqualified
technicality
baffled
experiment
scraps
foam
modifying

modifying headfirst skeptical laziest feared ignore doubters rather contender

defied

convention opening ceremony transformed nearly

NADIA COMĂNECI

nonstop mechanic communist tremendous suffering increasingly cornmeal trapped underneath laced up pedals collapse refused gymnasium equipment vault beam parallel instructor rare leotard leap promptly

unlike
governmentapproved
shocked
flabbergasted
uneven
scoreboard
programmed
historic
routine
overwhelming
jostling
significance

clash federation transfer previous disco puberty

accomplished

VARSITY VOCABULARY CONTINUED *

adjust persevered valuable asset symbol superiority illegally defectors dramatically border

directly

SERENA WILLIAMS detailed announcer future possessions security flexible cement litter grumbled mimic scatter fuss forgave porcelain accidentally jealous confessed drifted practice matches cheated objected gaining tournaments pressure wealthy condition league application expected delighted alarming reminder battle slump option

extreme

circuit convinced expectations insecurities confidence ranked highest-earning considered

IBTIHAJ MUHAMMAD

hijab converted Islam mosque Muslim verged hazardous envied religion spandex maturity faith dodae insults Latino prepare apply supportive following appeared interested fencing uniform contacted strategy agile lunged opponent position uncomfortable concerned ahead nerdy disciplines protective

underarm

protector

mesh

aggressive roar saber tip eliminated crushed advocating influential aisle proudest stadium modern

GERTRUDE EDERLE

immigrants

butcher

blacksmith trough lifelong specialists permanent self-conscious naturally zoom steam-powered disaster wobbly plank dam causing panic drown bungalow porch current sturdy stroke paddle propel founded fabric tradition practical cheap volunteer water polo length furious

maintain merely adopters formal dominated unladylike responsibilities allowances schedule reluctant fashionable bob haircut ever-increasing proclaimed maintained doggedly propellers deafness fueling interest boarded unfortunately influence unsurprisingly paraded financially endurance attempt chafed weighing pace unassisted automatically designed goggles decent bold coated grease protect

efficient

MICHAEL PHELPS

successful suburb home economics breakable saltshaker twirl

casserole resulting concoction resist popped streaming frantically persisted gradually comfortable possible sensitive abandoned teasing lisp figured out notably complained patient active personality behavior kickboard talent undeniable notice continued challenges temper flicking suspended resolving conflicts realistic

shock fooled sacrifice cockpit clocking arranged limousine celebratory secretly autograph tattoo predicted quite

develop



TOMMIE SMITH

atop

nearby

ELLIE SIMMONDS achondroplasia genetic dwarfism energetic sink in easily stables shallow suggested messing around able-bodied average reaching altered significant disadvantage rarely kicked in highlighting classification cerebral palsy regardless biennial

YUSRA MARDINI

lizards

specialized

available

sacrifice

nominated

contribution

flag bearer

promote

torn apart
journey
preferred
gazed
claim
weight-training
stitches
worsened
stressed
anxious
thrilled
anti-government
uprisings
water aerobics
graffiti

rumors arrest explosions evacuated questioning identification soldiers searched route hesitated terrified screeched slammed reverse shaken precious rebellion

government forces rebels hooza pistachios thunderous meter-long grenade visa refugees smugglers passengers inflatable dinghy overboard swamped shore aching ferry mainland

dusk

asylum

achieve

desert

limits

elite

roots

lack

intellectual

inclusion

ranging

civil war

remained owing repay leaked huddled earliest marshy spotted instead hardworking crowded labor camp principal noticina recess knocked debt stilts drafty straight marked obvious pride ironing crease janitor flushing outhouse surrounded desirable ashamed attend society human rights aims global demands population uninvited statement fist unity solidarity silent

banned criticism received death threats harassed regrets master's degree social change published memoir **MEGAN RAPINOE** half-siblings alcoholic crane operator instantly avidly sidelines imitate piping clicking cleats unbeatable perfectly matched absolute swoop horror volume

rage
embarrassed
out of control
relaxed
accepting
emotions
leftovers
least
blocked
cozy
staff
glamorous
terrible
charming

comforted

cozy
staff
glamorous
terrible
charming
arrested
juvenile detention
addiction
impossible
prison

onward
obsessed
fanatically
self-motivated
farther
objection
minivan
uncool
serious
goofball
popular

struggles social life bewildered tagged behind decisions coped confusion style stuck shin pads branded logo startling semester publicly rocketed create break down stereotypes famously corner kick knelt

SIMONE BILES

evident

outstretched

foster care
trampoline
housing projects
lengthy
process
fanciest
finalize
roughhousing
pull-ups
impression
muscular
inseparable

disagreed

avenue

★ VARSITY VOCABULARY CONTINUED ★

spew artistic relationship overnight opinions biracial fluid abuse blueprint precisely trickling accountable stew idol glowing container collarbone deeply serves friendlier bento lunch boxes overtime depression paintballs oppression processed food broke suicide hilarious human spirit mastering body awareness multiple grateful partially stunned tumbled expenses necessarily seek dangerous define apparatus slippery topic fantasizing occurrence unlicensed label regional refer evenings donated flashed withdrew honestly petitions conversation switched literally systemic racism presented mental health tutus police brutality heartbroken expressive social media **NAOMI OSAKA** reunited revolve immediate grand slam creative pandemic pursue main socialize cauldron ordinary approve collected trodden honor

After your class is familiar with the vocabulary list, invite them to choose fifteen to twenty words and use them to write their own short adventure stories featuring the champions highlighted in *Kid Olympians: Summer.*

VOCABULARY COMMON CORE CONNECTIONS

The vocabulary activities address the following Common Core State Standards for Language:

Conventions of Standard English

Grade 4 – L.4.1-2 Grade 5 – L.5.1-2 Grade 6 – L.6.1-2 Grade 7 – L.7.1-2

Knowledge of Language

Grade 4 – L.4.3 Grade 5 – L.5.3 Grade 6 – L.6.3

Grade 7 – L.7.3

Vocabulary Acquisition and Use

Grade 4 – L.4.4-6 Grade 5 – L.5.4-6 Grade 6 – L.6.4-6 Grade 7 – L.7.4-6

★ LEAGUE-ISSUED LANGUAGE ARTS ACTIVITIES ★

Trophy-Winning Trailers

After reading *Kid Olympians: Summer*, place your students into groups to produce a movie trailer about an athlete's life. Have them use the information in the book coupled with any outside research they'd like to do. Instruct them to write a script with a list of shots they need, stage directions, dialogue, voiceovers, and music. After they film and edit their trailers, hold a premiere and screen the trailers for the class.

PROfiles

Most Olympians these days are very active on social media. Have your students develop a mock social media profile for any of the athletes featured in *Kid Olympians: Summer*. Ask them to choose a social media platform, such as TikTok, Instagram, or Facebook. Then direct them to create a profile filled with information from the Olympian's point of view. Have students start with a profile picture for the athlete, then ask them to fill out the bio and/or personal information sections with milestones and important events from the athlete's life, add the names and images of some of their friends and followers, and write posts and status updates from the perspective of the athlete as if they were posting from the Summer Olympics. Finally, share the profiles on your online learning platform for other students to see.

All-Star Reporters

Turn your students into newspaper reporters. Ask them to choose an athlete from *Kid Olympians: Summer* that they would like to learn more about. Then instruct them to use material from the book, the books in the bibliography, and outside research to create a newspaper article about one of their chosen athlete's Olympic performances. Encourage them to set the scene and use quotes and descriptive language to bring the event to life. Compile and publish all the articles in a newspaper and distribute it to the class.

Training Log

Have students choose a sport from the Summer Olympics. Instruct them to research how athletes who compete in it train. Ask them to write five entries in a training journal that show what an athlete needs to do to be competitive in the sport. To help spark ideas, suggest that entries include how long the athlete practices, drills, cross-training activities, diet, meditation and other mental exercises, a sleep schedule, milestones, records, or goals.

Olympic Trading Cards

Instruct the class to make trading cards for the athletes featured in *Kid Olympians: Summer.* Measure and cut cardstock to 2.5 inches by 3.5 inches, like traditional trading cards. Using the book and the internet, have students research the athletes and choose the pictures and information they deem most essential to include. The cards should contain statistics and fun facts about the athlete on one side and a picture of them in action on the other. Ask students to share their cards with the class.

Cereal-sly Amazing

A perk for many Olympic athletes is having their picture featured on the front of a cereal box. Have your students choose an athlete from *Kid Olympians* and design a cereal box for them. Their boxes should feature an image of the athlete and at least five of their athletic achievements. Hang the cereal boxes around your classroom for everyone to enjoy.

Competitive Comparisons

Currently, there are nine books in the Kid Legends series. In addition to *Kid Olympians: Summer*, there are *Kid Presidents, Kid Athletes, Kid Artists, Kid Authors, Kid Scientists, Kid Activists, Kid Innovators*, and *Kid Trailblazers*. Have students choose one Summer Olympian and one person featured in any of the other Kid Legends books. Then, have students compare and contrast the two figures by listing the things they have in common and the things about them that are different. Spark interest by suggesting they look at: why each person is famous, their careers, their family life, things that inspired them, childhood experiences, how they overcame obstacles, and what they are remembered for today. Instruct students to use their lists to help them write a comparative essay.

LANGUAGE ARTS ACTIVITIES COMMON CORE CONNECTIONS

The Language Arts Activities address the following Common Core State Standards:

Writing

Text Types and Purposes

Grade 4 – W.4.1-3e Grade 5 – W.5-1-3e

Grade 6 - W.6.1-3.e

Grade 6 - W.6.1-3.e

Grade 7 - W.7.1-1c, 2-2d, 3-3e

Production and Distribution of Writing

Grade 4 - W.4.4-6

Grade 5 - W.5.4-6

Grade 6 – W.6.4-5

Grade 7 – W.7.4-6

Research to Build and Present Knowledge

Grade 4 - W.4.7-9b

Grade 5 - W.5.7-9b

Grade 6 – W.6.7-9

Grade 7 - W.7.7-9a

Speaking and Listening Comprehension and Collaboration

Grade 4 - SL.4.1-2

Grade 5 - SL.5.1-1d

Grade 6 – SL.6.1-2

Grade 7 – SL.7.1

Presentation of Knowledge and Ideas

Grade 4 – SL.4.4-6

Grade 5 - SL.5.4-5

Grade 6 - SL.6.4-5

Grade 7 - SL.7.4-5

ABOUT THE BOOK

Triumphant, relatable, and totally true biographies tell the childhood stories of a diverse group of international athletes who have captured the world's attention at the Summer Olympics and Paralympics including Simone Biles, Jesse Owens, Michael Phelps, Naomi Osaka, Tatyana McFadden, Yusra Mardini, and ten other incredible Olympians.

Athletes throughout history have dreamed of competing in the Olympics—and some were kids themselves when those dreams and plans began! In *Kid Olympians: Summer,* discover the childhood stories of legends such as:

- Usain Bolt, who used to skip practices to go to the arcade and play video games.
- Serena Williams, who sometimes hit her tennis ball over the fence on purpose!
- · Tatyana McFadden, who had to fight to be allowed on her school's track team

Featuring kid-friendly text and full-color illustrations, you'll be inspired to dream bigger, faster, and higher than ever before!

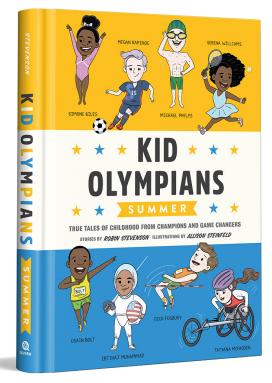
"More inspiring tales of young dreamers and achievers."—Kirkus Reviews

Praise for the Kid Legends series:

"A broadly diverse roster of role models."—Kirkus Reviews

"Outstanding . . . Inspiring and entertaining."—Booklist, starred review

"Engaging and empowering." —YAYOMAG.com



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ABOUT THE AUTHOR AND ILLUSTRATOR

Robin Stevenson is an award-winning author of thirty books for kids and teens. Her writing has been published in over a dozen countries. She lives with her family on the west coast of Canada.

Allison Steinfeld obtained a BFA from the School of Visual Arts in New York City. She lives in Atlanta, Georgia.

★ CHECK OUT THE REST OF THE KID LEGENDS SERIES! ★

Learn more at KidLegends.com

Sports



Kid Athletes ISBN: 978-1-59474-802-8



Kid Olympians: Summer ISBN: 978-1-68369-371-0

Authors and Artists



Kid Authors ISBN: 978-1-59474-987-2



Kid Artists ISBN: 978-1-59474-896-7



Kid Musicians *Coming Fall 2024 ISBN: 978-1-68369-391-8

STEM



Kid Innovators ISBN: 978-1-68369-227-0



Kid Scientists ISBN: 978-1-68369-074-0

History and Social Change



Kid Activists ISBN: 978-1-68369-141-9



Kid Presidents ISBN: 978-1-59474-731-1



Kid Trailblazers ISBN: 978-1-68369-301-7